

## KEEPER TOURNAMENT SHOWDOWN

### Goalkeeper Checklist for Event



- GK Attire: (Club GK Jersey or any GK Jersey, 1-2 pairs of CLEAN gloves, soccer cleats)
- Water Bottle
- Inflated Soccer Ball
- Athletic finger tape or whatever tape you need for prevention/treatment
- Sunscreen protection
- Any prescription medication, over the counter medication needed
- Slides/Sandals between matches
- Shirt for between matches
- Massager/roller
- Snacks between matches
- Credit Card/Cash if interested in purchasing gloves or other GK items with our GK vendors
- Great Energy

There will be bathrooms available at the Tournament Location.